

The Saskatchewan Association of Chiefs of Police is proud to present

## **Constable Renee Breckner of the Royal Canadian Mounted Police**

with the

### **Community Policing Award**

While serving in La Ronge, Constable Breckner was instrumental in enlisting community support to assist young girls who struggled with high-risk behaviours that led to unhealthy lifestyles, poor life choices, and quite often, victimization. She implemented a program called "The Teen Girl's Wellness Group". It was established for girls from Grades 6 to 8 and was modeled after a similar program in Prince George, BC.

Renee obtained support and participation from Adult Probation-Corrections, the Northern Lights School Division, and the North Saskatchewan Victims Services. Program funds were raised through donations and grant applications. A local bus company donated their services to ensure participants could attend all sessions. She recruited coordinators from the community to help with the initiative and recruited volunteer coaches to meet weekly with the girls.

The ten-week program provided participants with fitness attire and training to promote teamwork, health and self-esteem. Guest speakers presented on a wide range of topics such as body image, cyberbullying, dating violence, alcohol/drug abuse, and healthy relationships. These presentations fostered group discussion, projects, journaling, and the sharing of stories, all while in a safe environment.

The feedback from the girls in the program was overwhelmingly positive and they were proud of their accomplishments. The community of La Ronge recognized the value of the program and continues to support it. Constable Breckner's goals were to promote healthy lifestyles and healthy relationships, as well as to foster positive relations between youth and the police. She was successful in all areas.

The Saskatchewan Chiefs of Police are proud to recognize Constable Renee Breckner with the Community Policing Award.